



149 Huron Ave
Mt. Clemens, MI 48043
(586) 954-2817
www.AMovableFeastCatering.com

LUNCHEON MENUS

Quesadilla Luncheon

Chicken, Black Bean & Cheddar Quesadillas
(Vegetarian or Pork is also available)
Fresh Cilantro Garnish
Guacamole, Sour Cream and Salsa on the Side
Soup Choice
Black Bean & Rice Salad with Cilantro Lime Dressing
Chocolate Chip Cookies
\$7.95

Chicken Salad Croissant Luncheon

Chicken Salad Served on a Croissant
Tray of Sliced Lettuce, Tomatoes and Red Onion
Fresh Fruit Salad
Vegetable Tray with Herb Dip
Jumbo Chocolate Chip Cookies
\$7.95

Turkey Club Luncheon

Sliced Turkey Breast, Swiss Cheese and Bacon, Served on a Jumbo Onion Roll
Tray of Sliced Lettuce, Tomatoes, Red Onions, Pickles & Pepperoncini
Condiments
Choice of Homemade Soup
Vegetable Tray with Herb Dip
Red Skin Potato Salad
Medium Chocolate Chip Cookies
\$8.25

Chicken Club Wrap

Breaded Chicken Strips, Bacon, Swiss cheese, Lettuce, Tomato and
Mayo Wrapped in a Flavored Tortilla
Fresh Fruit Salad
Potato Chips
Choice of Dessert
\$6.95
With Homemade Soup Selection
\$8.45



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Grilled Chicken Caesar Salad

Grilled Breast of Chicken Sliced and Served on a Bed of Romaine Lettuce with Homemade Caesar Dressing

Croutons, Freshly Ground Pepper & Parmesan Cheese

Vegetable Tray with Herb Dip

Garlic Bread or Dinner Rolls & Butter

Carrot Cake with Cream Cheese Frosting

\$6.95

With a Homemade Soup Selection

\$8.45

Chef's Salad Luncheon

Julienne Ham, Turkey and Swiss Cheese, Tomato Wedges, Green Pepper Rings,

Sliced Hard Boiled Eggs, and Red Onion

Served on a Bed of Iceberg and Romaine Lettuce

Ranch and Italian Dressing

Fresh Baked Italian Bread and Butter

Medium Chocolate Chip Cookie

\$6.95

With Homemade Soup Selection

\$8.45

Mandarin Chicken Salad

Romaine & Iceberg Blended Lettuce, Tossed with Marinated Grilled Chicken Breast Meat, Scallions, Water Chestnuts, Pea Pods, Mandarin Orange Segments, Red Peppers, Toasted

Almonds, Chow Mein Noodles and a Tangy Toasted Sesame Dressing

Soft Cheesy Breadsticks

Brownie Bars with Chocolate Chips & Fortune Cookies

\$6.95

With Homemade Soup selection

\$8.45

Maurice Salad

Romaine & Iceberg Blended Lettuce, Tomato Wedges, Julienne Ham, Turkey and Swiss Cheese, Red Onion, Green Pepper Strips and Sliced Green Olives

Maurice Dressing and Italian Dressing on the side

Dinner Rolls & Butter

Chocolate Chip Cake

\$6.95

With Homemade Soup Selection

\$8.45

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Southwestern Chicken Salad

**Romaine & Iceberg Lettuce, Sliced Blackened Chicken Breast, Scallions, Shredded Cheddar Cheese, Tomatoes, Red & Green Bell Pepper Strips, Crispy Tortilla Strips
Southwestern Ranch Dressing, Italian and Ranch
Soft Cheesy Breadsticks**

Mini Cheesecake Triangles with Assorted Toppings

\$6.95

With Homemade soup Selection

\$8.45

Chicken a La King

Rich and Creamy a la King Sauce with Chicken Breast Meat, Carrots, Sugar Snap Peas & a Hint of Sherry

Served on a Bed of White Rice

Fresh Garden Salad with Tomatoes, Cucumbers, Red Onions, Croutons and Three Dressings

Dinner Rolls & Butter

Chocolate Chip Cake

\$7.50

Baked Potato Bar

Baked Idaho Potatoes

Cheddar Cheese Sauce, Chili, Sautéed Bell Peppers and Onions, Steamed Broccoli, Sour Cream, Scallions, Bacon, Butter and Salt & Pepper

Tossed Garden Salad with Tomatoes, Cucumbers, Red Onion, Croutons and Three Dressings

Lemon Bars

\$7.25

Chicken Piccata, Grilled Chicken Honey Dijon, Chicken Marsala, Grilled Chicken Mandarin, Chicken Siciliano with Amogliue Sauce or Herb Baked Chicken Breasts

One Chicken Selection, served with your choice of Garlic Mashed Redskins, Parslied New Potatoes, Dill & Butter Redskins, Oven Roasted Redskins, Seasoned Harvest Rice, Mostaccioli with Tomato Basil Sauce or Linguine with Fresh Garlic, Olive Oil, Tomatoes and Fresh Basil – Parmesan Cheese

Choice of Salad: Tossed, Caesar or Spinach

Vegetable Tray with Herb Dip

Dinner Rolls and Butter

Mini Chocolate Chip Cookies and Brownie Bars

\$8.50

Above Luncheon is available without Vegetable Tray and Garden Salad Selection Only

\$7.95

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Lasagna

**Traditional Lasagna, Italian Sausage Lasagna or Vegetarian Lasagna
(Two Selections are available for parties with a minimum of 40 people)
Choice of Tossed or Caesar Salad, Croutons, Freshly Ground Pepper
Garlic Bread
Mini Cannolis and Mini Éclairs
\$8.50**

Chicken or Beef Stir Fry

**Choice of Sliced Breast of Chicken Stir Fried in a Lemon Ginger Sauce
Or
Marinated Sliced Sirloin Steak in a Teriyaki Sauce
With a Mix of Fresh Chinese and American Vegetables
Served with Seasoned Harvest Rice
Fresh Garden Salad with Tomatoes, Cucumbers and Red Onions
Croutons and Three Dressings
Dinner Rolls and Butter
Fortune Cookies and Chocolate Chip Cookies
\$8.50**

Chicken Parmesan

**Breaded Chicken Breasts Topped with Tomato Sauce and Parmesan Cheese
Mostaccioli with Tomato Basil Sauce - Parmesan Cheese is served on the side
Caesar Salad, Croutons, Freshly Ground Pepper
Garlic Bread
Mini Cannolis and Mini Éclairs
\$8.00**

Deluxe Deli Buffet

**Assorted Breads, Jumbo Rolls, and Whole Grain Wraps
Salami, Turkey, Ham and Four Cheeses
Sliced Lettuce, Tomato, Red Onion, Pickle and Pepperoncini
Condiments
Potato Chips
Select One: Redskin Potato Salad, Garden Cole Slaw, Vegetarian Pasta Salad or Fresh
Garden Salad
Mini Chocolate Chip Cookies
\$6.95
With Choice of Homemade Soup
\$8.45**



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Soup & Salad

**Bowl of Pasta Fagioli Soup- Parmesan Cheese
Fresh Garden Salad with Tomatoes, Cucumbers and Red Onions
Croutons and Three Dressings
Soft Cheesy Breadsticks
Brownie Triangles with Chocolate Chips
\$6.95**

Super Deluxe Salad Buffet

**Iceberg Lettuce and Thirty other Items, including Curried Chicken Salad, Dilled Tuna Salad,
Vegetarian Pasta Salad, Chicken Dumpling Soup, Rolls and Butter, Mini Chocolate Chip
Cookies and lots of Fresh Toppings!!
\$8.95**

Taco Salad Bar

**Tortilla Bowls, Seasoned Ground Beef, Iceberg Lettuce, Diced Tomato and Onion
Sour Cream, Salsa, Guacamole and Ranch
Black Olives, Shredded Cheddar and Jalapenos
Refried Beans, Tortilla Chips with Con Queso Dip
Brownies with Chocolate Chips
\$7.95
With the addition of Grilled Fajita Style Sliced Chicken Breasts
\$8.95
With a Homemade Soup Selection Add \$1.50**

Fajita Buffet

**6" Flour Tortillas, Grilled Sliced Fajita Style Chicken & Sirloin Steak
Shredded Lettuce, Shredded Cheddar Cheese, Sautéed Onions & Bell Peppers
Sour Cream, Salsa, Guacamole
Black Bean & Rice Salad
Tortilla Chips & Con Queso Dip
Chocolate Chip Cookies and Brownie Triangles
\$8.95**

Roast Pork Loin

**Sliced Roast Pork Loin in a Mushroom Au Jus
Oven Roasted Redskin Potatoes
Honey & Ginger Glazed Carrots with Scallions
Dinner Rolls & Butter
Tossed Garden Salad with Tomatoes, Cucumbers, Red Onion, Croutons and Three
Dressings
Carrot Cake with Cream Cheese Frosting
\$8.50**



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Oven Roasted Beef

**Oven Roasted Beef with Mushroom and Onion Gravy
Garlic Mashed Potatoes
Green Beans Almondine
Fresh Garden Salad with Tomatoes, Cucumbers, Red Onion, Croutons and Three Dressings
Dinner Rolls & Butter
Mini Cheesecake Triangles with Assorted Toppings
\$8.50**

Chef's Choice Luncheon

**This entree changes monthly, please call for information
\$7.95**

Homemade Soup Selections

**Chicken Dumpling
Chicken Noodle
Chicken with Wild Rice
Beef Barley
Creamy Broccoli Cheddar
Manhattan Clam Chowder
New England Clam Chowder *
Corn and Wild Rice Chowder
Minestrone-Parmesan Cheese
Pasta Fagioli-Parmesan Cheese
Traverse City Creamy Mushroom & Artichoke*
Creamy Tomato Basil & Rice
Black Bean –Shredded Cheddar, Scallions, Sour Cream
Pioneer Potato with Bacon - Shredded Cheddar - Scallions*
Split Pea & Ham
Northern Bean & Ham**

Add to Any Buffet for \$1.50 Additional Per Person

***Add \$.25 cents extra per person**



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Beverage Selection

Assorted Canned Soda's.....1.25 each
Assorted 2-Liter soda's.....\$4.50 each
Lemonade.....\$6.50 per Gallon
Iced Tea.....\$6.50 per Gallon
Bottled Water.....\$1.25 each
Coffee of Decaf.....\$12.50 per Gallon
Cranberry Spritzer Punch.....\$12.00 per Gallon
Silver Bells Punch.....\$18.00 per Gallon
Bottled Juices.....\$1.25 each

All Beverages include hot or cold cups, ice, cream, and sugar and sweet-n-low as needed.
Beverages sold by the Gallon are approximately 16 servings.

DISPOSABLE LUNCHEONS

(Minimum 12 People)

Gourmet Pizza's

Hawaiian Cheese-Ham-Pineapple-Bacon-Red Pepper-Slivered Scallions
Vegetarian Cheese-Spinach-Mushroom-Red Pepper-Artichokes-Garlic-Slivered Red Onion
Classic Cheese Pepperoni-Ham-Green Pepper-Red Onion
Garden or Caesar Salad-CROUTONS -Dressings
Cheesy Bread Sticks-Tomato Basil Dip
Mini Cookies & Brownie Bars
\$5.95 p/person.... Minimum order 12 ppl

Assorted Wrap Luncheon

An Assortment of

-Turkey and Swiss Cheese with Mayo, Lettuce, Tomato and Red Onion
-Ham and Cheddar Cheese with Spicy Mustard, Lettuce, Tomato and Red Onion
-Vegetarian with Herbed Cream Cheese, Roasted Red Peppers, Thinly Sliced Cucumbers,
Red Onions, Sprouts, Marinated Artichokes, Romaine Lettuce and Tomato Slices
Potato Chips
Choice of Vegetarian Pasta Salad, Redskin Potato Salad, Garden Cole Slaw OR Fresh
Garden Salad
Medium Chocolate Chip Cookies
\$6.00

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Chef's Salad Luncheon

**Julienne Ham, Turkey and Swiss Cheese, Tomato Wedges, Green Pepper Rings
Sliced Hard Boiled Eggs and Red Onion
Served on a Bed of Iceberg and Romaine Lettuce
Ranch and Italian Dressing
Fresh Baked Italian Bread and Butter
Medium Chocolate Chip Cookies
\$6.75**